CONFERENCE SCHEDULE

Thursday, October 26, 2023 Zoom

Intended Audience: Nurses or other healthcare professionals that have an interest in either medicine and/or psychiatry.

- 8:30 Login to Zoom Meeting
- 9:00 Welcome
- 9:05 Alcohol Use Disorders: Bedside to Clinic Management

Andrea Weber, MD, MME, FACP, FASAM, Clinical Associate Professor; Adam Connell, MHA, MSN, RN, PMH-BC, NE-BC, Clinical Operations Manager; Stacey Sokol, LISW, CADC, Social Work Specialist

- 10:05 Antipsychotic Use in Delirium Jill Kauer, PharmD, MSPhr, BCPP, Clinical **Pharmacy Specialist**
- 11:05 **Break**
- 11:15 Native American Mental Health Kelly Clougher, PhD, Licensed Psychologist
- 12:45 Lunch
- 1:15 Lithium, the Kidney, and Psychiatric Illness Vicki Kijewski, MD, Clinical Professor
- 2:15 Addressing Nurse Burnout Using a Mindfulness **Approach** Kassiani Kelleher, DNP, RN, PMH-BC, Staff Nurse
- 3:15 **Break**
- 3:30 Substance Use, Incarceration, and the Failed War on Drugs Alison Lynch, MD, MS, Clinical Professor
- Evaluation & Adjourn

Schedule and speakers are subject to change. Faculty are staff of UI Healthcare and/or University of Iowa Colleges unless otherwise indicated.



University of Iowa Hospitals & Clinics Department of Nursing 200 Hawkins Drive Iowa City, IA 52242-1009

Medical Psychiatry Nursing Conference **Nursing Continuing Education** CE

ZOOM / VIRTUAL CONFERENCE 2023 OCTOBER 26,



CE NURSING CONTINUING EDUCATION

The purpose of this conference is to expand existing knowledge of nurses interested in medicine and psychiatry. Topics are appropriate for psychiatric nurses looking to expand their medical knowledge as well as medicine nurses that have an interest in learning more about psychiatry.

Medical Psychiatry Nursing Conference

THURSDAY, OCTOBER 26, 2023 9:00 AM - 4:30 PM (CST)**ZOOM / VIRTUAL CONFERENCE**

Sponsored by:

Department of Nursing Services and Patient Care IBN Approved Provider #34



Changing Medicine Changing Lives.®

REGISTRATION

FACULTY

Educational Objectives

Upon completion of this program, learner should be able to:

- Discuss treatment options for alcohol use disorder, starting in the hospital and extending into the outpatient setting.
- Discuss the role of antipsychotics in the prevention and treatment of delirium.
- Identify strategies for improving patient-centered care for Native Americans through understanding the impact of historical trauma and colonialism.
- Identify potential risks and benefits of using lithium in psychiatric disorders and the effects on the kidney.
- Discuss the impact of mindfulness in reducing burnout in the nursing practice and patient care.
- Examine the relationship between substance, the United States carceral system, and the failed War on Drugs. Reflect on how incarceration impacts access to treatment, recovery and opportunities at reentry.

Continuing Education Credit

Nursing Credits: **6.5 contact hours** will be granted by University of Iowa Hospitals & Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

Planning Committee Members:

Cassandra Drees-Duncan, BSN, RN, CMSRN Leigh Weber, BA, RN

General Information:

- Preregistration is required by 10/18/2023
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

Registration Link: https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=59553

If the registration link is not working, go to:

- https://uiowa.cloud-cme.com/
- Click IA Board of Nursing CE
- Click Register next to the conference listing

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

Registration Fee:

\$50; (Add \$15 after 10/11/2023)

Registration closes on 10/18/2023.

Refund: Full (minus \$10 cancellation fee) if notification received on or before 10/18/2023.

The Zoom link and any additional conference details will be provided the week prior to the conference.

The UI Hospitals & Clinics Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, RN-BC, FAAN.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee.

University of Iowa Hospitals & Clinics and UI Carver College of Medicine Speakers:

Andrea Weber, MD, MME, FACP, FASAM, Clinical Associate Professor

Adam Connell, MHA, MSN, RN, PMH-BC, NE-BC, Clinical Operations Manager

Stacey Sokol, LISW, CADC, Social Work Specialist

Jill Kauer, PharmD, MSPhr, BCPP, Clinical Pharmacy Specialist

Kelly Clougher, PhD, Licensed Psychologist

Vicki Kijewski, MD, Clinical Professor

Kassiani Kelleher, DNP, RN, PMH-BC, Staff Nurse

Alison Lynch, MD, MS, Clinical Professor



INFO & UPCOMING CE OFFERINGS

Visit our website for program information and brochures. uihc.org/nursing-continuing-education-schedule

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at **319-356-1238** or e-mail **nursingcontinuinged@uiowa.edu**.

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Individuals with disabilities are encouraged to attend all University of lowasponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.